

MEAL SCHEDULE

DAY	BREAKFAST	LUNCH	SUPPER
Friday, July 14			shepherds pie, veggies
Sabbath, July 15	pancakes & sausage	chicken roast, mashed potatoes, veggies	fettuccine alfredo, broccoli
Sunday, July 16	scrambled eggs, hash browns, stripples	International Food Fair	corn chowder, tea biscuit
Monday, July 17	vanderman breakfast & muffin	macaroni & cheese, veggies	enchiladas, mexican rice, taco salad
Tuesday, July 18	belgium waffles, strawberries, whipped cream	salisbury steak, whipped potatoes, veggies	spaghetti with meat sauce, garlic bread, veggies
Wednesday, July 19	egg n muffin	scalloped potatoes, cottage cheese patties, veggies	chicken pot pie, w.w. roll
Thursday, July 20	french toast, syrup, fruit salad, sausage pattie	lasagna, garlic bread, veggies	haystacks
Friday, July 21	pancakes & blueberries with sausage links	sweet & sour meatballs, oven fried rice, spring roll	Au gratin potatoes, chicken tenders, veggies
Sabbath, July 22	cinnamon roll, poached egg, toast	potato salad, baked beans, cole slaw, meat slices	soup & grilled cheese sandwiches

In addition to the hot menu items listed, each meal includes:

Breakfast: Hot & cold cereal, bread & juice, and fresh fruit

Lunch: A full salad bar, desserts & juice

Supper: A full salad bar, desserts & juice

Please note: Some vegan options will be available but not for every entrée. However a well stocked salad bar will be available.