**ACTIVITIES**

**ADVENTIST BOOK CENTRE Friday: 3:00 PM – 7:00 PM**

**Saturday: 9:30 PM – 10:30 PM**

**Sunday: After Morning Meeting**

**FREE TIME Maps on the registration tables will give directions to any of Red Deer’s beautiful parks or walking trails for a Sabbath afternoon walk.**

**HOTEL AMENITIES Hot Tub, swimming pool, sauna and steam room, fitness centre, salon and Side Street Fashions.**

**MARKETPLACE View the list of great vendors in the brochure in your welcome packet.**

**Friday: 3:00 PM – 7:00 PM**

**Saturday: 9:30 PM – 11:00 PM**

**PRAYER WALKS 6:30 AM on Sabbath and Sunday. Meet us in the hotel lobby.**

**SATURDAY NIGHT In addition to other amenities, you could sign up at the REGISTRATION DESK for either of these (limited space):**

**1. Turbo Kick/Country Heat in the Marseille Room.**

**2. “Pamper Yourself Take Home Spa” – Make 4 essential oil products (massage oil, room spray, scrub, perfume) in the San Remo Room.**

**SELFIE BOOTH Take pictures and share the experience #ABWM2018!**

**MASSAGE & MANICURE COUNSELLING PRAYER ROOM\_\_\_\_\_\_**

**(Main exhibit room) (Valencia and (Palermo Room)**

**Friday: 3:00 PM – 7:00 PM Genoa Rooms) Friday: 3:00 PM - 11:00 PM**

**Saturday: 9:30 PM – 11:00 PM Friday: 3:15PM - 5:15 PM Saturday: 6:00 AM - 11:00 PM**

**(Cash Only) Saturday: 8:45 AM – 9:45 AM Sunday: 6:00 AM – 10:00 AM**

**Massages: $1 per minute with 1:45 PM – 4:45 PM**

**slots of 15 minutes available**

**Manicures: $20 for 30 min slots Sign up at registration desk**

**Sign up at registration desk.**

**INFORMATION**

**ALLERGIES**

**We are requesting that you make this event**

***FRAGRANCE FREE* in consideration of those**

**with allergies and sensitivities.**

**BANQUET**

**Come in your favorite, fanciest Spring/Summer**

**outfit.**

**EVALUATION SHEET  
Your comments and ideas are valuable to us for future planning. Please take a moment to full out and turn it in at Sunday morning breakfast.**

**FOOD AND DRINKS**

**Kindly respect the hotel policy that NO food or drink is to be allowed outside the dining room.**

**HOUSEKEEPING**

**Remember to show your appreciation for housekeeping by leaving a small tip with a note at the end of your stay.**

**HOTEL CHECK-OUT**

**Check-out is by noon on Sunday. You will be responsible for any incidental charges to your room when checking out.**

**MEAL TIMES**

**Please be on time for meals as our time is very limited. Please direct any and all related concerns *to DOROTHY FALESAU. PLEASE DO NOT* contact the Sheraton staff directly. We appreciate your assistance in this matter.**

**NAME TAGS**

**Your name tag *MUST* be worn at all times. Thank you for doing this. Name tags are your meal ticket for *ALL* meals. Please hand in name tag and holder when you check in for breakfast on Sunday to be eligible for a special draw.**

**PHONE USAGE**

**There is a charge for phone usage on all local and long distance calls from your room phone.**

**PRIZE DRAWS**

**You *MUST* be present to receive a prize.**

**RECORDINGS**

**Audio recordings of the Keynote Speaker will be available on the Alberta Conference website** [www.albertaadventist.ca](http://www.albertaadventist.ca) **after the Retreat.**